

# SOURCES OF SUPPORT

IS NOW AVAILABLE IN YOUR GP PRACTICE

Money worries?

Distressed or anxious?

Housing issues?

Health conditions?

Employability issues?

Lack of support?

Problems with  
benefits?

Feeling overwhelmed  
by your problems?

Feelings of loneliness  
or isolation?



## HOW CAN WE WORK WITH YOU

A Social Prescribing Link Worker can help you to make connections with Sources of Support within the community.

Volunteering opportunities

Tenancy support

Employment Options

Benefit Support

Emotional support

Reduce social isolation

Access to therapeutic  
interventions

Money & debt advice



Dundee  
**Health & Social Care**  
Partnership

Ask your GP to be referred